Develop Self

The Bootcamp for Conquering Mountains

Based on SkillsFuture Singapore Skills Framework.

*Enjoy up to **90% SkillsFuture Funding and Absentee payroll Funding** now!



Every Mountain Top is Within Reach. Prepare for the ascent.

"It is not the mountain we conquer but ourselves." Sir Edmund Hillary

Facing the challenges of a turbulent business world is much like climbing a mountain. There are hazards to overcome. Daunting decisions to make. Perhaps even an expedition to lead.

Are you up to the task? Sharing the vision with passion and drive? Before you conquer any mountain, first conquer yourself. Embark on our 2day bootcamp that gears you for challenges ahead. Identify your strengths so as to push yourself and others to the ultimate limit. Build the muscle for constant growth and always be on top of your game!

Re-examine the way you work so as to adapt quickly to change. Equip yourself with essential skills on communication, decision making and professional self-development. Learn from a highly qualified facilitator with insight and passion!

Get ready to be engaged through profiling, case studies, role plays, discussions and presentations. Emerge with the mindset and strategies of effective T-shaped leadership. Most of all, climb your mountain with ease as you lead your team to the top!

Learning Outcomes

At the end of the course, you will be able to:

- Acquire self-awareness in developing and maintaining professional competence.
- Adapt style in the workplace to communicate ideas effectively.
- Use appropriate decision making processes in team setting.

Topics

Develop and Maintain Professional Competence

Identify strengths and limitations of leadership



Topics (continued)

Communicate Effectively

- Adapt communication style to suit work context
- Communicate ideas in the workplace with appropriate language
- Seek feedback to ensure message is received and understood
- Address barriers to communication

Lead Team Decision Making

- Gather necessary information for decision making
- Evaluate the risks and consequences of potential actions or decisions
- Develop and assess options that will lead to successful outcomes
- Select appropriate decision for team and organization objectives



Target Participants

Team Leaders looking to identify their personal strengths and limitations, to enhance their skills and maximise their impact.

Certificate

Upon successful completion of the course, participants will be awarded with a Statement of Attainment from SkillsFuture Singapore (SSG), namely **Personal Effectiveness(Level 3)**.

What Our Clients Say...

- 100% of our participants intend to apply what they have learnt at their workplace.
- 100% of our participants would recommend the course to their friends and colleagues.

"I learnt valuable teachings on communicating with the elder generation and my workers. Thank you for upgrading me into a better leader for my team."

Charles Tan Executive Director Sunray Woodcraft Construction Pte Ltd

"By applying self assessment, effective communication and decision-making, learners can achieve better effectiveness at work. Enriching, refreshing and definitely a two thumbs up course!"

> Brian Soh IT/Infrastructure Manager Seng Heng Engineering Pte Ltd

Our Facilitator



Mr Johnny Ong is a Peak Performance Specialist at Bootstrap. He specialises in Personal Development and Peak Performance. Besides holding training and speaking sessions for adults, Johnny also conducts motivational and personal development workshops in schools, as

well as parenting and teacher development.

Johnny worked as Sales Director in the music and hospitality industries. He has led and trained sales teams in various multinational companies for more than fourteen years in senior sales management positions. He has led sales teams to top market share positions. He left the corporate world in 2007 to pursue his passion in writing, speaking and training. He is the author of "Don't Live Your Life in One Day - 100 Effective Rules to Live a Meaningful Life". He is also the author of "How To Be A Hero Dad".

Johnny's academic qualifications include a Master of Business Administration degree from the University of Hull (United Kingdom), as well as a Master of Social Science (Professional Counselling) from the Swinburne University of Technology (Australia). His other credentials include an Advanced Certificate in Training and Assessment from the Institute of Adult Learning, a Diploma in Psychotherapy, and advanced training in Cognitive Behavioural Therapy.

Johnny also runs a counselling practice and is an adjunct lecturer in counselling psychology.



Register Today!

Call (65) 6592 0024 or email: peggy.sitoh@bootstrap.com.sg

2 days, 8.30 am to 8.00 pm, 21 hours excluding lunch Course Venue: 140 Paya Lebar Road #02-07

11 - 12 Mar 202123 - 24 Sep 202122 - 23 Jul 20212 - 3 Nov 2021



Course Fee*

Enjoy up to 90% SkillsFuture Funding and Absentee Payroll Funding from SSG now! Companysponsored Singaporeans and Singapore Permanent Residents are eligible for the following:

Funding Type	Course Fee	SkillsFuture Funding	Nett Fee	Absentee Payroll Funding (up to)	Nett Investment for Employer
SME	\$780.00	\$525.00	\$255.00	\$157.50	\$97.50
Non-SME	\$780.00	\$357.00	\$423.00	\$94.50	\$328.50
Mid-Career Enhanced Subsidy for Singaporeans aged 40 years and above.	\$780.00	\$525.00	\$255.00	SME \$157.50 Non-SME \$94.50	SME \$97.50 Non-SME \$160.50

Self-sponsored Individuals

All Singaporeans aged 25 and above can use their SGD 500.00 SkillsFuture Credit to participate in Bootstrap's Develop Self Workshop.

Visit the SkillsFuture Credit website (<u>https://tinyurl.com/bootstrapds</u>) to register for the workshop on the SSG Training Exchange course directory.

Course Fee Funding and Training Allowance are available to self-sponsored individuals from SSG. Visit the SSG website (<u>www.ssg.gov.sg</u>) for more information.



